



# Swimming Lessons

## Bookings are now open for next term's lessons

Seashell Swim provides fully inclusive swimming lessons for all ages and abilities. Over the years, our specialist instructors have helped thousands of disabled and able-bodied children and adults to build their confidence in the water.

**Our wide range of classes include lessons for parents and babies, toddlers, junior swimmers and adults beginners.**

We keep groups small so everyone receives the attention they need to develop their abilities in a friendly, fun and supportive environment. Our one to one and two to one classes are great if a learner needs that extra bit of support.

With excellent accessible facilities including a temperature controlled swimming pool and hydrotherapy pool, changing beds, shower chairs and sling hoists, everyone can get involved in Seashell Swim.



All lessons are taught by highly experienced and fully qualified ASA Level 2 swimming teachers.

### Further information and booking lessons:

To view the swimming classes available and book lessons online, please visit:  
[seashelltrust.class4kids.co.uk](http://seashelltrust.class4kids.co.uk)

For further information, please call us on 0161 610 0104  
or email: [sports@seashelltrust.org.uk](mailto:sports@seashelltrust.org.uk)



#SeashellSwim



# About Seashell Trust

We are Seashell Trust, a national centre of excellence providing education, care and support for children and young people with complex and severe learning disabilities which include little or no language abilities.

The day when a vulnerable or disabled child or young person comes to Seashell, is the day everything changes. We engage the children and young people we support with the world around them, helping them to become more independent and live fulfilling, meaningful lives.

**Please visit [www.seashelltrust.org.uk/events](http://www.seashelltrust.org.uk/events) for details**

## Finding us

Seashell Trust is located on Stanley Road in Cheadle Hulme, near Stockport.

**Sat Nav: SK8 6RQ.**

There is free car parking and disabled access to the swimming pool building.



Registered Charity No. 1092655.

**[seashelltrust.org.uk](http://seashelltrust.org.uk)**

Stanley Road, Cheadle Hulme, Cheshire SK8 6RQ

t: 0161 610 0100 e: [info@seashelltrust.org.uk](mailto:info@seashelltrust.org.uk)

